



Faculty of the Management and Social Sciences

Department: Humanities and Social Sciences

Program: BS (Psychology)

Main Highlights of BS Psychology Program

- BS Psychology Program at Al-Kawthar University anchors on providing core and applied knowledge of psychology through interactive and experiential learning processes.
- Our graduates would be able to create their own work within one month and become employable with only one-two days' orientation upon their hiring in the relevant organization.
- In addition to Professional Excellence, our focus is Personality Development for Sustainability, Leadership and Growth based on the fundamentals of Islam as strategized in Quranic Teachings.
- Our emphasis areas include Knowledge, Skills, Interpersonal attributes and Professorial Attitude with Overarching Shades of Morals, Ethics, and Values derived from Quran and Sunnah.

Multiple Options and Program Attributes

- Associate Degree (as Exit Option) after 2 Years.
- BS Psychology of 2 Years for those having 14 Years Relevant Education.
- Stand-alone Certificate Courses of Psychology.
- Dual Specialization Degrees like BS Psychology (Clinical) with Neurosciences
- 4 Specializations: Clinical, Organizational, Educational and Criminal
- Hands on Practices from 5th Semester Onwards.
- Integration of Internship and Capstone Project

Making Education Affordable at Al-Kawthar University

- 25% Fee Concession across the board.
- Unlimited Merit Based Scholarships.
- Sizeable Need Based Scholarship
- Interest Free Loans (Qarz-e-Hasna)
- Comparatively Affordable Fee Structure

Program Education Objectives (PEOs)

- To provide a platform for acquiring a strong intellectual foundation in psychological sciences to seek solutions for the contemporary mental issues.
- To develop an understanding for the application of psychological principles to individual, social, and organizational issues.

- To understand applied research methods for the evaluation of problems related to behavior and mental processes and seek solutions.
- To develop an understanding of acting ethically, value empirical evidences, and reflect values that are underpinnings of psychology as a science.

Program Learning Outcomes (PLOs): Students shall be able to:-

- Knowledge Base: identify, describe, and contrast the historical foundations, the major theoretical approaches, and the key research findings in the discipline.
- Application of Psychology: apply psychological concepts, theories, and research findings to real world problems.
- Critical Thinking and Research Methods: identify and describe different research methods used by psychologists for designing and carrying out research.
- Values in Psychology: demonstrate the understanding of relevant ethical issues, and recognize the necessity of ethical behavior in practices of psychology.

Semester-wise Distribution of Courses

Key: General Education: GE, Psychology: PS, Interdisciplinary: ID, Capstone Project: CP, Internship: IN. Non-Credit: NC

S/No	Course Code	Course Title	CH	Pre-requisite
Semester-1				
1.	GE-1101	Functional English and Communication Skills	3	
2.	GE-1102	Functional Mathematics	3	
3.	GE-1103	Information and Communication Technology Skills	3 (2+1)	
4.	GE-1104	Islamic Studies	2	
5.	GE-1105	Pakistan Studies	2	
6.	GE-1106	Basic Health Awareness	2	
7.	GE-1107	Life and Academic Skills	2	
8.	NC-1101	Understanding AI (Artificial Intelligence)	1	Non-Credit
Total Credit in 1st Semester			17	
Semester-2				
1.	GE-1208	Expository Writing	3	
2.	GE-1209	Environment and Agriculture	2	
3.	GE-1210	Statistics in Social Sciences	3	GE-1102
4.	GE-1211	Critical Thinking and Reasoning	3	
5.	PS-1201	Introduction to Psychology	3	
6.	PS-1202	Neuroscience	3	
7.	NC-1202	Applications of AI (Artificial Intelligence)	1	Non-Credit
Total Credit in 2nd Semester			17	
Semester-3				
1.	GE-2112	Civilization, Society and State	2	
2.	GE-2113	Introduction to Business and Entrepreneurship	2	
3.	GE-2114	Urdu Literature	2	
4.	GE-2115	Understanding Quran / Ethics (Relevant Study)	2	

5.	PS-2103	Research Methods in Psychology	3	GE-1210
6.	ID-2101	Theories of Personality	3	
7.	ID-2102	Behavioral Sciences	3	
Total Credit in 3rd Semester			17	
Semester-4				
1.	GE-2216	Constitution and Legal System of Pakistan	2	
2.	GE-2217	Leadership and Community Services	2	
3.	PS-2204	Cognitive Psychology	3	
4.	PS-2205	Mental Health & Psycho-pathology-I	3	PS-2103
5.	PS-2206	Psychological Testing and Assessment - I	3	
6.	PS-2207	Health Psychology	2	
7.	PS-2208	Psychology of Learning	2	
Total Credit in 4th Semester			17	
Semester-5				
1.	ID-3103	Speech and Communication	2	
2.	PS-3109	Clinical Psychology	3	
3.	PS-3110	Educational Psychology	3	
4.	PS-3111	Industrial and Organizational Psychology	3	
5.	PS-3112	Mental Health & Psycho-pathology-II	3	PS-2205
6.	PS-3113	Psychological Testing & Assessment - II	3	PS-2206
Total Credit in 5th Semester			17	
Semester-6				
1.	ID-3204	Comparative Studies of Human Behavior	3	
2.	PS-3214	Abnormal Psychology	3	
3.	PS-3215	Psychopharmacology	3	
4.	PS-XXXX	Elective-I	3	
5.	PS-XXXX	Elective-II	3	
Total Credit in 6th Semester			15	
Semester-7				
1.	PS-4116	Psycho-diagnosis	3	
2.	PS-4117	Assessment & Evaluation in Forensic Psychology	3	
3.	PS-XXXX	Elective-III	3	
4.	PS-XXXX	Elective-IV	3	
5.	PS-XXXX	Elective-V	3	
Total Credit in 7th Semester			15	
Semester-8				
1.	ID-4205	Personal and Professional Development	2	
2.	PS-4218	Counselling & Psychotherapy	2	
3.	PS-XXXX	Elective-VI	3	
4.	PS-4219	Psycholinguistics	3	
5.	CP-4201	Capstone Project	3	
6.	IN-4201	Internship	3	
Total Credit in 8th Semester			16	
Total Credit Hours of the Program			131	
Electives				

- Electives shall be offered in 4 main specialized areas which include Clinical Psychology, Educational Psychology, Industrial-Organizational Psychology and Criminal Psychology.
- It is compulsory to take minimum 4 courses specific to the area of specialization; however, 2 courses can be taken from the supplementary to specialization areas, shall be decided by the HoD. Overall, the specialization shall count 10 courses including those of core courses already taken, to be indicated and decided by the HoD.
- List of Electives is as given below, addition / deletion shall be planned and processed through BoS and approved in the BoF: -

S/No	Course Code	Course Title	CH	
1	PS-XXXX	Human Biology	3	Clinical Psychology
2	PS-XXXX	Developmental Psychology	3	
3	PS-XXXX	Emerging Mental Health Issues	3	
4	PS-XXXX	Disaster and Trauma Management	3	
5	PS-XXXX	Family Psychology	3	
6	PS-XXXX	Community Psychology	3	
1.	PS-XXXX	Consumer Psychology	3	Organizational / Industrial Psychology
2.	PS-XXXX	Leadership Psychology	3	
3.	PS-XXXX	Psychology in Motivation and Social Needs	3	
4.	PS-XXXX	Psychology in Conflicts & Negotiations	3	
5.	PS-XXXX	Environmental Psychology	3	
6.	PS-XXXX	Group Dynamics and Mob Psychology	3	
1.	PS-XXXX	Psychology of Opposing Views	3	Educational Psychology
2.	PS-XXXX	Psychology of Knowing Ego	3	
3.	PS-XXXX	Psychology of Institutional Management	3	
4.	PS-XXXX	Personality Psychology	3	
5.	PS-XXXX	Learning and Behavioral Modifications	3	
6.	PS-XXXX	Child and Adolescent Psychology	3	
1.	PS-XXXX	Forensic Psychology	3	Criminal Psychology
2.	PS-XXXX	Psychology of Jurisprudence	3	
3.	PS-XXXX	Drugs, Addiction, and Crimes	3	
4.	PS-XXXX	Countering Violence Extremism (CVE)	3	
5.	PS-XXXX	Peace Psychology	3	
6.	PS-XXXX	Psychological Treatment to Crimes	3	
1.	PS-XXXX	Current Issues in Social Psychology	3	General Electives
2.	PS-XXXX	Current Issues in Educational Psychology	3	
3.	PS-XXXX	Current Issues in Organizational Psychology	3	
4.	PS-XXXX	Current Issues in Criminal Psychology	3	
5.	PS-XXXX	Ethical Issues in Psychology	3	
6.	PS-XXXX	Sociology in Psychology	3	
7.	PS-XXXX	Culture in Psychology	3	
8.	PS-XXXX	Social Pressures and Psychology	3	
9.	PS-XXXX	Sports Psychology	3	
10.	PS-XXXX	Organizational Behaviors	3	
11.	PS-XXXX	Military Psychology	3	

12.	PS-XXXX	Gender Studies	3	
13.	PS-XXXX	Religion and Faith in Psychology	3	
14.	PS-XXXX	Clinical Psychologists as Case Studies	3	
15.	PS-XXXX	Industrial Psychology in Pakistani Perspective	3	
16.	PS-XXXX	Theories of Organizational Psychology	3	

Minors Courses

- **Why Minor?** Students having minor would supplement their knowhow and enhance employment options. Minor would be reflected in the transcript as part the academic credentials; for example **BS Psychology (Clinical) with Neurosciences**.
- **Relevant Areas of Minor:** Following main areas of minor have been planned. Students have the choice of taking the minor keeping in view their passion and interest.
 - Sociology
 - Neurosciences
 - Business Management
 - Public Health
 - Communication Studies
 - Data Sciences
 - AI and IT
- **Procedure for Opting the Minor**
 - Students opting for minor shall report to the HoD and get themselves registered for the opted category in 2nd week of 5th Semester on a form designed by the Department.
 - HoD would prepare a scheme of offering and brief the students in 3rd week of the 5th Semester.
 - Students would have the choice of taking minor courses in 6th, 7th and 8th Semester as additional course-load keeping in view their performance in the previous semesters or complete the minor courses in 9th Semester. This shall be decided by the HoD keeping in view their capacity for additional workload without compromising the quality of education. Students can also take the courses in summer, to be counted as regular semester for such students only.

Internship and Capstone Projects

- Internship of 3 Credit Hours for those opting for associate degree shall be completed in 4th semester subject to the requirement of accreditation councils. For those of BS degree, it shall be completed by 8th semester (may start in 5th Semester) keeping in view the opportunities of internship / may be undertaken in 8th semester along with semester courseload.

- Capstone project is in the final semester. However, students shall be given supervisors in 6th semester and they would start working simultaneously.

Admission Opportunities and Exit Options

- Students opting for AD (Associate Degree) shall follow the same plan of study / roadmap and exit after 4th semester as per HEC guidelines. They would require to complete internship by 4th Semester subject to the requirements of accreditation councils. Students would clarify this from the HoD in 2nd week of 2nd Semester.
- Students who intend to join after 14 years of education; would need deficiency courses to be completed as per recommendations of the admission committee to meet our curriculum requirements, hence shall proceed as follow: -
 - Those having similar roadmap (plan of study reflected on the transcripts) as that of Al-Kawthar shall join the university in 5th Semester in the light of recommendations of the admission committee under HoD.
 - Those having different roadmap, would also be considered for admission into our program starting from the 5th semester. However, this consideration shall be based on the evaluation of their deficiency courses, to be decided by the credit transfer committee under HoD. They would have summer as regular semesters.
 - Ordinary Graduates (BSc, B.com, and BA) students can also get admission in our program from 5th semester by completing deficiency courses through bridging as standalone semester or being part of the running semesters while using summer as regular semester; shall be evaluated and decided by the HoD.

**Prof. Dr Bashir Ahmad, Dean of the Faculty
of Management and Social Sciences**