



IHSAAN-COMM

AL-KAWTHAR UNIVERSITY

EDITORIAL BOARD

Prof. Dr. Engr. Athar Mahboob
Tamgha-E-Imtiaz

Prof. Dr. Minhaj A.Qidwai

Dr. Rida Ahmed

MANAGING EDITOR

Mr. Faizan Imran

INSIDE NEWSLETTER

1. Our Faculty

2. Professional Activities

3. Student Activities

AL KAWTHAR UNIVERSITY ADDRESS:

ST-9, BLOCK 7, GULSHAN IQBAL
KARACHI 75300
0312-6311110



**ADMISSIONS
OPEN
SPRING 2026**

EXCELLENCE IN
EDUCATION,
GUIDED BY
ISLAMIC VALUES

APPLY TODAY

www.alkawthar.edu.pk

CONTACT FOR DETAILS:

(021)-34812481-4

0302-0865960



About Al-Kawthar University

Al-Kawthar University is established to bridge the gap in modern education by integrating Islamic principles with contemporary learning. Recognizing the need for an institution that nurtures both intellectual and ethical development, a group of seasoned educationists with international experience have founded Al-Kawthar University.



The university aims to provide a balanced education, combining rigorous academic training with the moral and ethical values inspired by the teachings of Prophet Muhammad (peace be upon him) and the early generations of Muslims. Al-Kawthar offers a platform where students are nurtured to become accomplished professionals and enlightened individuals.



Prof. Dr. Engr. Athar Mahboob
Tamgha-E-Imtiaz
Vice Chancellor ALKU

VICE CHANCELLOR'S MESSAGE

It gives me immense pleasure to extend my heartfelt greetings to the Faculty of Allied Health & Management Sciences on the publication of first edition of their newsletter IHSAANCOMM.

Allied health and health management sciences form the backbone of resilient healthcare systems. At Al-Kawthar University, we are committed to nurturing professionals who embody the values of competence, compassion, accountability, and Ihsaan. The Faculty of Allied Health & Management Sciences has demonstrated excellence in academics, professional development and institutional leadership. I am particularly proud of the faculty's efforts in integrating innovative teaching methodologies, health systems thinking, and ethical governance into its programs.

As Vice Chancellor, I reaffirm our institutional commitment to fostering an environment where innovation thrives, ethical standards remain uncompromised, and every graduate emerges as a responsible contributor to society.

I commend the Dean, faculty members, and the editorial team whose dedication and hard work have made possible the establishment of this faculty at Al Kawthar University. May IHSAANCOMM continue to inspire dialogue, intellectual growth, and meaningful impact within and beyond our institution.

With best wishes for continued excellence



Prof. Dr. Minhaj Qidwai
Dean Allied Health &
Medical Sciences

DEAN'S MESSAGE

It gives me great pleasure to share the first newsletter-"IHSAANCOM" from the Faculty of Allied Health and Medical Sciences. "IHSAANCOMM" will serve as a platform to share knowledge, innovation, research, and community engagement. Our work is guided by Islamic principles and an integrated 5S's philosophy, comprising of Self, Society, State, Systems, and Spirituality. Through the Self, we emphasize Islamic ethical leadership, lifelong learning, and professional excellence. Thus, producing agents of Social Change for Society, promoting equity, community-centered care, and social responsibility. In alignment with the State, we encourage learning with evidence-based policy, public health priorities, and responsible citizenship. Therefore, enabling students to develop an eco-system enabling innovation, quality improvement, digital integration, and data-driven decision-making. Above all, Spirituality guided moral values leading to altruism, compassion, dignity, and ethical behavior towards managing clients in healthcare. I extend my sincere appreciation to all team members and especially for Mr. Faizan, without whose efforts the execution of "IHSAANCOMM", would not have been possible. Together, let us continue to translate knowledge and its understanding into wisdom, for developing prudent decision making for an impact on human wellness and well-being.



Dr. Rida Ahmed
Registrar ALKU

REGISTRAR'S MESSAGE

It is a privilege to share my message for the first edition of IHSAANCOMM, the official newsletter of the Faculty of Allied Health & Management Sciences.

The faculty from the outset has demonstrated remarkable progress in strengthening academic quality and student engagement. As Registrar, I take particular pride in witnessing the faculty's commitment to maintaining high academic standards while fostering a culture of professionalism, transparency, and administrative excellence.

IHSAANCOMM serves as a valuable platform to highlight academic milestones, achievements, and collaborative partnerships. It reflects the faculty's dynamic growth and resolve to contribute meaningfully to healthcare education and management.

I extend my best wishes for this publication and continued success for the faculty of Allied Health and Medical Sciences towards their academic and institutional endeavors.

OUR TEAM

AL-KAWTHAR UNIVERSITY FACULTY OF ALLIED HEALTH & MEDICAL SCIENCES



Mr. Rizwan Ali

**Principal College of Nursing
Al-Kawthar University**

PRINCIPAL'S MESSAGE

It is a privilege to share my message for the first edition of *IHSAANCOMM*, the official newsletter of the Faculty of Allied Health & Medical Sciences. This publication reflects our commitment to academic excellence, professional development, and quality nursing education.

At Al-Kawthar University College of Nursing, we strive to prepare competent, ethical, and compassionate nursing professionals who can serve society with dedication and responsibility. *IHSAANCOMM* provides a valuable platform to highlight academic achievements, training initiatives, and student progress.

I sincerely appreciate **Mr. Faizan Imran** for his dedicated efforts in ensuring the successful execution of this newsletter.

With best wishes for continued success.



Dr. Aisha Arshad

**AP/HOD MLT
Al-Kawthar University**

HOD'S MESSAGE

It is an honor to share my message for the first edition of *IHSAANCOMM*, the official newsletter of the Faculty of Allied Health & Medical Sciences. This publication reflects our commitment to academic quality and professional excellence in Medical Laboratory Technology.

MLT plays a vital role in accurate diagnosis and patient safety, and this newsletter serves as a platform to highlight departmental achievements, student engagement, and research activities.

I sincerely appreciate **Mr. Faizan Imran** for his valuable efforts in supporting the successful execution of this newsletter.

With best wishes.



Dr. Syed Shariqullah

**AP/HOD MIT
Al-Kawthar University**

HOD'S MESSAGE

It is a pleasure to share my message for the first edition of *IHSAANCOMM*, the official newsletter of the Faculty of Allied Health & Medical Sciences. This initiative reflects our dedication to academic growth and professional development in Medical Imaging Technology.

MIT is essential in modern healthcare, supporting accurate diagnosis and effective patient management. This newsletter provides a valuable platform to showcase student achievements, training initiatives, and departmental progress. I sincerely appreciate **Mr. Faizan Imran** for his dedicated contribution in making this publication possible.

With best wishes for continued success.



Mr. Muhammad Ali
Post-RN BSN
Nursing Lecturer
PG ward administration
Clinical Instructor
Coordinator Technician Program



Ms. Nida Zaid Khan
BSN
Nursing Lecturer
Coordinator CMW



Mr. Mujahid Ali
BSN
Nursing Lecturer



Mr. Mudasir Ali
BS-MT, MPhil
Assistant Professor



Dr. Sara Qadeer
PhD Biochemistry
Assistant Professor



Ms. Hannah Tariq
BS, MPhil Biochemistry
Deputy Director Student
Affairs & Lecturer



Mr. Abdul Aleem
MPhil Physics
Lecturer



Dr. Tasneem Saher
Assistant Manager PDC and ORIC



Ms. Sadia Ishaq
Assistant Program Manager

EDITOR'S NOTE



MR. FAIZAN IMRAN

**MSCS COMPUTER SCIENCE
SPECIALIZATION IN ARTIFICIAL
INTELLIGENCE**

**ASSOCIATE LECTURER
AL-KAWTHAR UNIVERSITY**

EDITOR NOTE

It is a matter of great pride to present this edition of the newsletter from **Al-Kawthar University**, representing the efforts and achievements of the **Faculty of Allied Health and Medical Sciences**. This publication reflects our commitment to academic excellence, professional development, and quality education.

Allied health and medical sciences play a vital role in strengthening healthcare systems by preparing skilled and responsible professionals. At Al-Kawthar University, we aim to provide a learning environment that promotes knowledge, discipline, innovation, and leadership among our students.

This newsletter highlights academic activities, departmental progress, and the valuable contributions of both faculty and students. I sincerely appreciate the efforts of all contributors and team members who made this publication possible.

MISSION

To provide affordable, unique, quality and evidence based human capital development healthcare programs of national and international standards, deeply rooted in Islamic Values; producing quality graduates equipped with academic and professional knowledge for their Islamic ethical and professional growth for positive contributions to society.

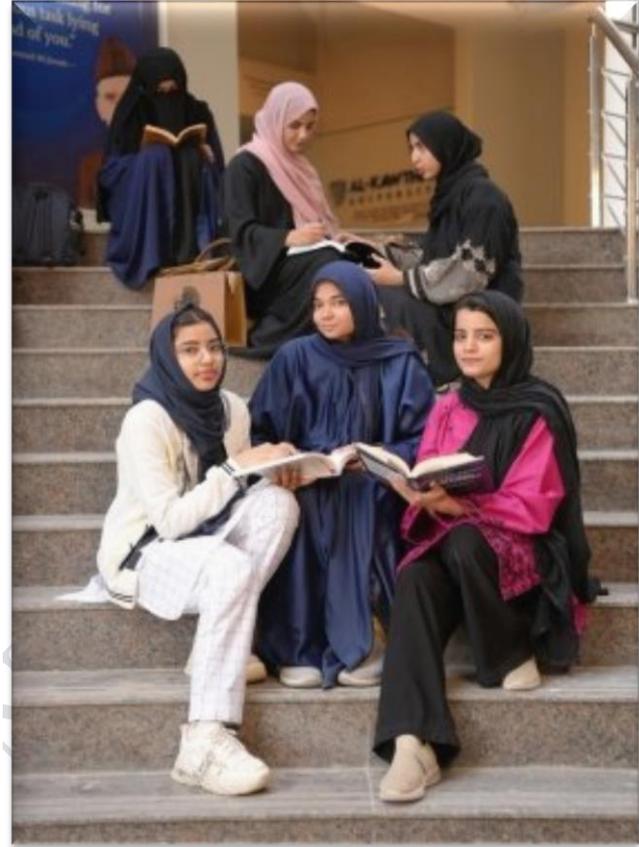
VISION

To be a leading center focusing on “Ihsan” in healthcare education, research, and innovation; inspired by the teachings of Prophet Muhammad (peace be upon him) and the earliest generation of Muslims; producing professionals providing compassionate care, delivering quality services; and acting as the agent of social change.



VALUES

- Abiding the Institutional Islamic ethics and values
- Global Vision with “Ihsan”
- Following guidelines from regulatory bodies
- Evidence based programs, Research and Innovation
- Compassionate Caring
- Dedication, Respect and Integrity
- Collaboration and Team work
- Lifelong Learning
- Social Responsibility
- Wellness and Balance in life
- Ethical practices and Transparency.
- Quality Mindset and Culture with Emphasis on “Zero Error”



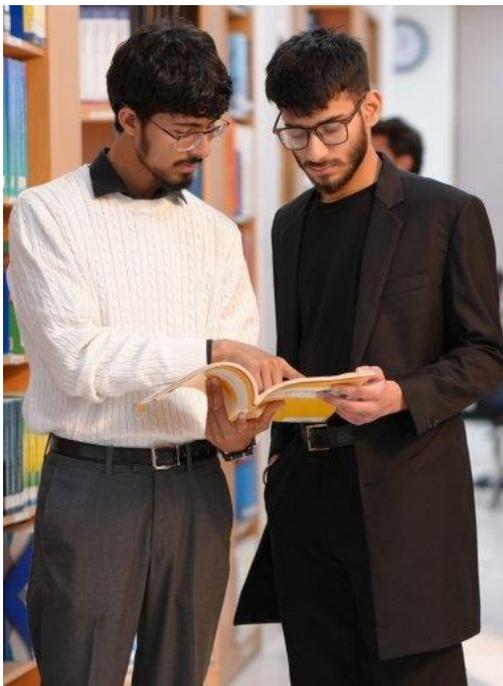
Al-Kawthar University College of Nursing & Department of Allied Health and Medical Sciences Library

The Library of College of Nursing & Department of Allied and Medical Sciences at **Al-Kawthar University** serves as a central academic resource designed to support teaching, learning, research, and clinical knowledge development. The library is structured to meet the evolving educational needs of students and faculty in allied health, nursing, and medical sciences through access to authoritative, evidence-based information resources.



The library houses a well-organized collection of textbooks, reference materials, journals, and academic publications relevant to allied and medical sciences. Emphasis is placed on up-to-date content aligned with modern curricula, clinical guidelines, and best practices in healthcare education. In addition to print resources, the library facilitates access to digital and electronic learning materials, supporting independent study and research-oriented learning.

Designed as a quiet and student-friendly learning environment, the library provides adequate seating, reading areas, and study spaces that encourage concentration, critical thinking, and collaborative academic work. Faculty members and students are supported in literature search, academic referencing, and information literacy, enabling them to engage effectively with scholarly resources



In line with internationally recognized academic library standards, the library plays a vital role in promoting **evidence-based practice, lifelong learning, and research competence** among students of Allied and Medical Sciences. The Department remains committed to continuously enhancing library services and resources to meet national and international benchmarks in health sciences education.



ORIENTATION DAY AT AL-KAWTHAR UNIVERSITY

An Orientation Day Ceremony of the new Batch of Al-Kawthar University was on 30th September 2025 at the Auditorium of the University. Batch of Fall 2025 _____ students were admitted at Al-Kawthar University. The ceremony was attended by the newly admitted students, their parents, faculty, and senior management of Al-Kawthar University.

In their welcome speech the Dean and Vice Chancellor, Dr. Ather Mehboob and Dr. Minhaj A. Qidwai welcomed the students and their parents and highlighted the salient features of the University, its mission and vision and the milestones and achievements of the University. The management congratulated the new students and their parents and introduced the senior faculty to them which guide them regarding their different programmes.



MoU SIGNING CEREMONY

An Orientation Day Ceremony of the new Batch of Al-Kawthar University was on 30th September 2025 at the Auditorium of the University. Batch of Fall 2025 students were admitted at Al-Kawthar University. The ceremony was attended by the newly admitted students, their parents, faculty, and senior management of Al-Kawthar University.



In their welcome speech the Dean and Vice Chancellor, Dr. Ather Mehboob and Dr. Minhaj A. Qidwai welcomed the students and their parents and highlighted the salient features of the University, its mission and vision and the milestones and achievements of the University. The management congratulated the new students and their parents and introduced the senior faculty to them which guide them regarding their different programmes.



Al-Kawthar University College of Nursing & Department of Allied and Medical Sciences Educational Visit to Malir University

On 2 Dec 2025, the Department of Allied and Medical Sciences organized an educational visit for students of the Community Midwifery (CMW) program to **Malir University of Science and Technology (MUST)**. Upon arrival our delegation was warmly welcomed by **Mr. Mohsin** who extended the university's hospitality on behalf of Malir University.



The visit commenced with an orientation session led by **Dr. Shershah Syed** who provided an informative overview of Malir University's academic environment, mission and ongoing initiatives in healthcare education. He also briefed the group on the operations and community services of **Koohi Goth Hospital**, emphasizing its role in serving underserved populations and its integration with academic programs.

Following the formal welcome and briefing faculty members and CMW students were taken on a guided tour of the university campus. This included visits to state-of-the-art classrooms, simulation labs and research facilities that support both theoretical and practical aspects of health sciences education. The group then proceeded to **Koohi Goth Hospital** where students observed clinical settings, patient care workflows, and community health interventions, gaining valuable insights into real-world healthcare delivery.



The visit concluded with reflections from students and faculty highlighting the educational value of exposure to diverse clinical environments and academic infrastructures. The Department of Allied and Medical Sciences expresses sincere gratitude to Malir University and the team at Koohi Goth Hospital for their support and collaborative engagement.

Al-Kawthar University College of Nursing “NUTRITION EXHIBITION PROJECT”

The College of Nursing at Al-Kawthar University successfully hosted the Nutrition Exhibition Project, expertly organized under the guidance of **Mr. Rizwan Ali, Head/Principal of the College of Nursing**, ensuring the event was conducted in an exemplary manner.

The exhibition provided students with a platform to showcase their knowledge of nutrition, healthy diets, and community health awareness. Innovative student projects focused on balanced diets, disease prevention through nutrition, and public health education, with students demonstrating creativity, teamwork, and professional skills.

This initiative enhanced practical learning, emphasized the importance of healthy lifestyle choices, and promoted nutrition awareness in the community. All participating students were awarded certificates of completion, recognizing their effort and dedication



Winning Teams and Awards

The Nutrition Exhibition Project recognized the **top-performing student teams** for their creativity, teamwork, and excellence. Selected teams received **certificates, cash prizes, and special appreciation from our esteemed guests** for their outstanding presentations.

Their innovative projects demonstrated **practical application of nutritional knowledge** and stood out for originality and professionalism. This recognition not only celebrated their achievements but also **motivated all students to strive for excellence in future academic and practical endeavors.**

1st Position



2nd Position



Esteemed Guests and Their Appreciation

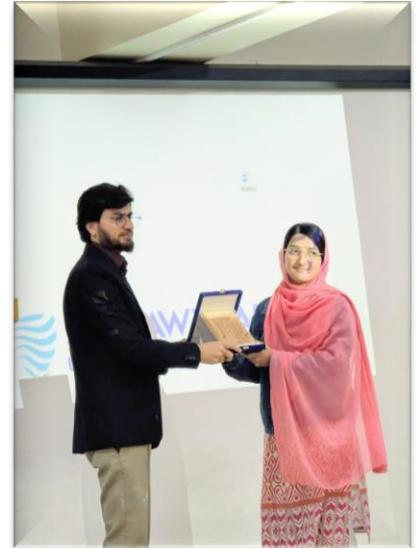
The Nutrition Exhibition Project was honored by the presence of **distinguished guests**, who not only observed the students' work but also provided valuable feedback and appreciation.

We were privileged to welcome:

- **Professor Dr. Badil Das**, Faculty at Dow College of Nursing and Midwifery
- **Associate Professor Raja Khatri**, Faculty at Ziauddin University

Both guests commended the creativity, professionalism, and dedication of the students, acknowledging the high standard of projects presented. Their expert evaluation and constructive feedback enriched the exhibition, motivating students to strive for excellence in academic and practical endeavors.

The presence and guidance of these esteemed guests significantly contributed to the success and prestige of the event, reflecting the College of Nursing's commitment to fostering quality education, innovation, and professional growth.



Invitation to Attend MiTE's Business Colloquium

I am pleased to invite you to attend our upcoming Business Colloquium at the Millennium Institute of Technology and Entrepreneurship (MiTE), scheduled for Wednesday, 14th January, from 9:30 am to 1:30 pm. Aligned with MiTE's vision of nurturing future-ready leaders and driving societal impact, this colloquium will explore how innovation-led organizations are embedding sustainability and civic and community engagement into their core business practices.

In addition, the session will feature a panel discussion highlighting real-world approaches to responsible leadership, sustainable human behavior, and long-term social impact. It would be a pleasure to have you join us for this important conversation. Kindly confirm your participation. My team and I look forward to welcoming you. The event flyer is attached for your reference.

Warm regards.

Huma Baqai

